

onward[™]
BY NEUROFLOW

Aflac[®]

Why should you use Onward by NeuroFlow?

01 Care for your **complete self**

Research shows that caring for your mental health can directly improve your physical wellbeing. Strengthen your whole health — mental and physical — with Onward by NeuroFlow.

02 Explore specialized & diverse **resources**

The app offers many activities tailored to support all lifestyles. Whether you're dealing with depression, navigating pregnancy, or have other needs, find resources suited for your specific experience.

03 Earn redeemable **rewards and gift cards**

Get rewarded with points for working on your wellbeing, redeemable for gift cards at major vendors such as Target, Starbucks, and Amazon.

These services are intended for general purposes and are not a substitute for professional psychological or medical advice. Onward by NeuroFlow may not be available in some states in connection with this partnership

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